

Audrey Muliva

Back in 2018, when “digital wellbeing” was still a mystery to most, Audrey was already speaking about it , on stage and through her podcast , planting seeds for a healthier relationship with technology long before it became a buzzword.

Her journey spans corporate management in global manufacturing groups like General Mills and Campbell’s, and more recently, human-centered work in real estate, where she tackled the rental crisis with empathy and action.

Audrey is originally from France , but don’t expect clichés. No beret, no baguette, and whatever you do, don’t give her coffee before she speaks... unless you want the talk fast-forwarded to warp speed.

What she *will* bring is a blend of emotional intelligence and lived experience that challenge how we think, feel, and behave around technology.

Her vision? To make the online world a healthier place for all of us. Utopian? Maybe. But if anyone can turn a Wi-Fi signal into a wellbeing revolution, it’s her.

Get ready to laugh, reflect, and rethink your relationship with tech .

Because this talk isn’t just about digital transformation. It’s about our healthiest social evolution.

Please welcome Audrey...